

Design Document

<i>Business Purpose</i>	<ul style="list-style-type: none"> • Help childcare providers understand the CACFP meal pattern requirements • Best practices for feeding babies in a way that supports their growth and development • To identify creditable food options for infants in childcare
<i>Target Audience</i>	Employees of childcare centers and family childcare homes
<i>Training Time</i>	15-20 minutes
<i>Training Recommendation</i>	Training will occur in a classroom setting and include the use of visual aids (Instructor Led Training – ILT)
<i>Deliverables</i>	<ul style="list-style-type: none"> • PowerPoint presentation • Facilitator Guide
<i>Learning Objectives</i>	<ul style="list-style-type: none"> • Summarize the benefits of breastfeeding for babies, mothers, and their families • Describe best practices for creating a breastfeeding-friendly environment • Give examples of items that can be used in a breastfeeding-friendly space
<i>Training Outline</i>	<ol style="list-style-type: none"> I. Introduction of learning objectives <ol style="list-style-type: none"> a. Watch CACFP video (Providing support to breastfeeding mom) II. Discuss the importance of breastfeeding <ol style="list-style-type: none"> a. Review Table 4: Benefits of Breastfeeding for Babies, Mothers, and Families III. Best practices for breastfeeding friendly environments <ol style="list-style-type: none"> a. Inform mothers that you have a private area for them to use b. Display <i>Breastfed Babies Welcome Here</i> poster IV. What does a breastfeeding friendly environment look like? <ol style="list-style-type: none"> a. Provide examples of what to include in the space V. Assessment
<i>Evaluation Plan</i>	<ul style="list-style-type: none"> • 1 assessment question per lesson (3 questions total) • Questions will be created during the completion of the PowerPoint presentation